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ISBN	1-78539-865-2 0-8261-7107-9
Edizione	[[Enhanced Credo edition]]
Descrizione fisica	1 online resource (338 p.)
Collana	The psych 101 series
Disciplina	616.85/27
Soggetti	Depression, Mental Electronic books.
Lingua di pubblicazione	Inglese
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Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	What is depression? -- How does depression manifest? -- Who is likely to experience depression? -- How does depression affect functioning? -- Why does depression exist? -- What models help us to understand the causes of depression? -- What is the role of personality in depressive disorders? -- How do stress and the environmental context impact depression? -- What genes and biological systems are implicated in depression? -- How can depressive disorders be treated? -- Conclusions: how can we integrate our knowledge of depressive disorders to -- Improve our understanding and treatment of these conditions?
Sommario/riassunto	Depression, often referred to as the "common cold of psychopathology," is among the most prevalent psychiatric conditions, yet it remains challenging to understand and treat. Depression 101 provides a reader-friendly overview of unipolar and bipolar depression and provides the most current and intriguing scientific knowledge on this topic.