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nutritional care; Introduction; Nutritional screening and assessment; Calculating nutritional requirements; Dietary guidelines  
Effect of illness on nutrition Refeeding syndrome; Effect of surgery on nutrition; Nutritional support; Conclusion; 5: Principles of infection prevention and control; Introduction; Physiology associated with infection; Overview of common microbiology and pathogenic organisms; Frequently encountered pathogenic microorganisms; Infection control principles; Asepsis; Decontamination; Healthcare waste management; Isolation of patients; Care bundles; Conclusion; 6: Principles of acute care for older people; Introduction; Caring for people in later life; Older people in the acute care setting  
Nursing assessment and the older adult Care of the older person with confusion in the acute care setting; Medications and the older person; Falls and fall prevention; Conclusion; 7: Principles of end of life care; Introduction; The nature of dying; Comfort at the end of life; Communication at the end of life; Ethics and end of life care; Conclusion; 8: Principles of perioperative nursing; Introduction; General issues and anaesthesia; Patient safety; Anaesthesia; Roles of circulating and scrub practitioners; Aseptic technique/infection control; Accountability; Patient positioning  
Surgical sutures Surgical needles; Surgical dressings; Surgical drains; Surgical instruments; Surgical specialities; Recovery; Postoperative nausea and vomiting; Pain management; Conclusion; 9: Principles of high-dependency nursing; Introduction; The high-dependency environment; Current policy in high-dependency care; Technological developments in high-dependency care; The role of the nurse as a member of the high-dependency team; Nursing assessment and monitoring of the highly dependent patient; Respiratory assessment, monitoring and intervention  
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## Sommario/riassunto

Fundamentals of Medical-Surgical Nursing: a Systems Approach is a comprehensive yet easy-to-read overview of medical and surgical nursing, designed specifically to support all nursing students learning to care for the adult patient. Highly illustrated and with an easy-to-follow systems-based structure, it provides a thorough foundation in anatomy and physiology, pathophysiology, medical management, and nursing care for the full spectrum of adult health conditions. Key features include: Extensive coverage of principles of nursing assessment, medication administration,

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