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Titolo	Counselling and reflexive research in healthcare [[electronic resource]] : working therapeutically with clients with inflammatory bowel disease / Gillian Thomas
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Sommario/riassunto	Written for counsellors working in healthcare settings, this book explores the range of benefits of undertaking reflexive research. Gillian Thomas demonstrates how this approach can offer therapeutic benefits

by increasing understanding of a condition and the interaction between the physical and emotional aspects of living with a long term disease.
