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Nota di contenuto	section 1. Anorexia nervosa : an overview -- section 2. For sufferers -- section 3. For families, carers and friends -- section 4. Guidelines for professionals.
Sommario/riassunto	<P>The highly respected and widely known <I>Anorexia Nervosa: A Survival Guide for Sufferers and Friends</I> was written in 1997. This long-awaited new edition builds on the work of the first book, providing essential new and updated research outcomes on anorexia nervosa. It offers a unique insight and guidance into the recovery process for those who suffer from an eating disorder as well as advice and information for their loved ones. Written collaboratively by both an expert in the field and someone with personal experience of eating disorders, this book offers exceptional understanding of t