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Titolo	Treating traumatic bereavement : a practitioner's guide // Laurie Anne Pearlman [and four others]
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Nota di contenuto	Cover; Half Title Page; Title Page; Copyright Page; Dedication; About the Authors; Preface; Acknowledgments; Contents; Part I. Fundamentals of Traumatic Bereavement; 1. Sudden, Traumatic Death and Traumatic Bereavement; Traumatic Death Prevalence; Psychological Consequences of Sudden, Traumatic Death; Persistent and Pervasive Effects of Traumatic Death; The Need for Integrated Treatment of Traumatic Bereavement; An Overview of Our Treatment Approach for Traumatic Bereavement; Clinical Integration; Concluding Remarks; 2. Theoretical Foundations; Loss; Grief and Mourning; Psychological Trauma A Relational Treatment Approach Integration in the Traumatic Bereavement Treatment Approach; Clinical Integration; Concluding Remarks; Part II. Living with Traumatic Bereavement; 3. Psychological Dimensions; Symptoms and Adaptations; Shattering of the Assumptive World; Clinical Integration; Concluding Remarks; 4. Domains of Life Affected; Interpersonal Relationships; Structures of Daily Life; The Legal System; Social Support; Clinical Integration; Concluding Remarks; Part

III. Risk Factors and Related Evidence; 5. Event-Related Factors; Characteristics of the Death; Mode of Death
Clinical Integration
Concluding Remarks; 6. Person-Related Factors; Gender; Religion and Spiritual Beliefs; Personality and Coping Strategies; Kinship Relationship to the Deceased; Nature of the Relationship with the Deceased; Attachment Style; Additional Person-Related Variables; Clinical Integration; Concluding Remarks; 7. Treatment Research; Treatment for Grief and Mourning; Treatment for PTSD; Integrating Grief and Trauma Treatment Research; Clinical Integration; Concluding Remarks; Part IV. Guidelines for Implementing the Treatment Approach; 8. Client Assessment
Appropriateness of This Treatment Approach for a Particular Client
Progression through the Six "R" Processes; Resources; Trauma and Loss History and Processing; Clinical Integration; Concluding Remarks; 9. Implementation Issues; General Psychotherapy Issues; Designing the Treatment Plan; Integrating This Approach into an Ongoing Treatment; Clinical Integration; Concluding Remarks; 10. Building Resources; Self Capacities; Coping Skills; Social Support; Bereavement-Specific Issues; Meaning and Spirituality; Values and Personal Goal Setting; Clinical Integration; Concluding Remarks
11. Processing Trauma
Cognitive Processing Interventions; Emotional Processing Interventions; Behavioral Interventions; Clinical Integration; Concluding Remarks; 12. Facilitating Mourning; First "R" Process: Recognize the Loss; Second "R" Process: React to the Separation; Third "R" Process: Recollect and Reexperience the Deceased and the Relationship; Fourth "R" Process: Relinquish the Old Attachments to the Deceased and the Old Assumptive World; Fifth "R" Process: Readjust to Move Adaptively into the New World without Forgetting the Old; Sixth "R" Process: Reinvest; Clinical Integration
Concluding Remarks

Sommario/riassunto

This book presents an integrated treatment approach for those struggling to adapt after the sudden, traumatic death of a loved one. The authors weave together evidence-based clinical strategies grounded in cutting-edge knowledge about both trauma and grief. The book offers a clear framework and many practical tools for building survivors' psychological and interpersonal resources, processing their trauma, and facilitating mourning. In a large-size format with lay-flat binding for easy photocopying, the book includes over 30 reproducible handouts. Purchasers can access a companion website
