Record Nr. UNINA9910453452003321 Autore Scharff David E. **Titolo** Psychoanalytic couple therapy: foundations of theory and practice // by David E. Scharff Boca Raton, FL:,: Routledge, an imprint of Taylor and Francis,, [2018] Pubbl/distr/stampa ©2014 **ISBN** 0-429-90367-7 0-367-10203-X 0-429-47890-9 1-78241-193-3 Descrizione fisica 1 online resource (369 p.) Collana Library of couple and family psychoanalysis Disciplina 616.891562 Soggetti Couples therapy **Psychoanalysis** Psychodynamic psychotherapy Electronic books. Lingua di pubblicazione Inglese Materiale a stampa **Formato** Livello bibliografico Monografia Note generali Includes index. Nota di contenuto COVER: CONTENTS: ABOUT THE EDITORS AND CONTRIBUTORS: SERIES EDITOR'S FOREWORD; PREFACE AND ACKNOWLEDGEMENTS; PART I FUNDAMENTAL PRINCIPLES OF PSYCHOANALYTIC COUPLE THERAPY: CHAPTER ONE An overview of psychodynamic couple therapy; CHAPTER TWO Shared unconscious phantasy in couples; CHAPTER THREE Intimacy and the couple-the long and winding road; CHAPTER FOUR Attachment, affect regulation, and couple psychotherapy; CHAPTER FIVE Aggression in couples: an object relations primer; CHAPTER SIX Getting back to or getting back at: understanding overt aggression in couple relationships

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Sommario/riassunto

In this time of vulnerable marriages and partnerships, many couples seek help for their relationships. Psychoanalytic couple therapy is a growing application of psychoanalysis for which training is not usually offered in most psychoanalytic and analytic psychotherapy programs. This book is both an advanced text for therapists and a primer for new students of couple psychoanalytic psychotherapy. Its twenty-eight chapters cover the major ideas underlying the application of psychoanalysis to couple therapy, many clinical illustrations of cases and problems in various dimensions of the work. The international group of authors comes from the International Psychotherapy Institute based in Washington, DC, and the Tavistock Centre for Couple Relationships (TCCR) in London. The result is a richly international perspective that nonetheless has theoretical and clinical coherence because of the shared vision of the authors.