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Descrizione fisica	1 online resource (303 p.)
Disciplina	253.5
Soggetti	Counseling - Religious aspects - Christianity Psychotherapy - Religious aspects - Christianity Electronic books.
Lingua di pubblicazione	Inglese
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Note generali	All Bible quotes from 'Today's English Version,' except where noted. Client identities and circumstances have been changed to protect confidentiality.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	section I: Tue internal family system model -- section II: The Christ-centered IFS model -- section III: Equipping clients with leadership tools for meeting life situations.
Sommario/riassunto	Help your clients gain access to the transformative grace of God through Christ!All too often, psychology and spirituality are kept in separate boxes, lessening the power of each to work effective changes. Christ-Centered Therapy: Empowering the Self brings together Christian faith with the Internal Family System (IFS) model. This widely accepted paradigm facilitates psychological healing by showing how the self can become the change agent for the dysfunctional internal system. Christ-centered IFS (CCIFS) combines the power of internal system therapy with the healing power of God f