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Autore	Bonomelli, Geremia <1831-1914>
Titolo	Tre mesi al di là delle Alpi / Geremia Bonomelli
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2. Record Nr.	UNINA9910453412803321
Autore	Evans-Wentz W. Y
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XI. Karma and RebirthXII. The Exoteric Versus the Esoteric Teachings; XIII. The Translating and Editing of the Texts; XIV. The Unity and Practical Value of the Texts; XV. The New Renaissance and the Masters of Wisdom; BOOK I: THE SUPREME PATH OF DISCIPLESHIP: THE PRECEPTS OF THE GURUS; THE INTRODUCTION; I. The Book's Compiler and his Fellow Disciple; II. The Transmission of the Teachings; III. The Texts of The Precious Rosary; IV. The Precepts Compared with 'Elegant Sayings'; THE OBEISANCE AND FOREWORD; THE TWENTY-EIGHT CATEGORIES OF YOGIC PRECEPTS; I. The Ten Causes of Regret II. The Ten RequirementsIII. The Ten Things to be Done; IV. The Ten Things to be Avoided; V. The Ten Things Not to be Avoided; VI. The Ten Things one Must Know; VII. The Ten Things to be Practised; VIII. The Ten Things to be Persevered in; IX. The Ten Incentives; X. The Ten Errors; XI. The Ten Resemblances Wherein One May Err; XII. The Ten Things Wherein One Erreth Not; XIII. The Thirteen Grievous Failures; XIV. The Fifteen Weaknesses; XV. The Twelve Indispensable Things; XVI. The Ten Signs of a Superior Man; XVII. The Ten Useless Things; XVIII. The Ten Self-Imposed Troubles  
IV. The Line of the GurusTHE OBEISANCE AND FOREWORD; PART I: THE PRELIMINARY INSTRUCTIONS: THE TEMPORAL AND SPIRITUAL TEACHINGS; PART II: THE ESSENTIAL SUBJECT MATTER; The Ordinary Practices; The Extra-Ordinary Practices; PART III: THE CONCLUSION; Recognizing the Great Symbol; and the Four Yogic Attainments; Analysing the Impediments and Errors while Treading the Path; Differentiating Experiences and Practical from Theoretical Knowledge; THE COLOPHON; BOOK III: THE PATH OF KNOWLEDGE: THE YOGA OF THE SIX DOCTRINES; THE INTRODUCTION; I. The Four Classes of Tantras  
II. The Doctrine of the Psychic-Heat

**Sommario/riassunto**

Books, audiotapes, and classes about yoga are today as familiar as they are widespread, but we in the West have only recently become engaged in the meditative doctrines of the East--only in the last 70 or 80 years, in fact. In the early part of the 20th century, it was the pioneering efforts of keen scholars like W. Y. Evans-Wentz, the late editor of this volume, that triggered our ongoing occidental fascination with such phenomena as yoga, Zen, and meditation. Tibetan Yoga and Secret Doctrines--a companion to the popular Tibetan Book of the Dead, which is also published by Oxford in an author