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Autore	Stice Eric
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Altri autori (Persone)	PresnellKatherine
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Nota di contenuto	Contents; Part I: The Body Project; 1: Introductory Information for Group Leaders; 2: Session 1; 3: Session 2; 4: Session 3; 5: Session 4; Part II: Elective Healthy Weight Intervention; 6: Introduction to Healthy Weight Intervention; 7: Session 1; 8: Session 2; 9: Session 3; 10: Session 4; 11: Implementation; Appendix - Facilitator Fact Sheet; References; About the Authors
Sommario/riassunto	1. Introductory Information for Facilitators 2. Session 1 3. Session 2 4. Session 3 5. Session 4 6. Effective Healthy Weight Intervention 7. Session 1 8. Session 2 9. Session 3 10. Session 4 11. Conclusion