

1. Record Nr.	UNINA9910453226403321
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Titolo	The art of helping others [[electronic resource] ] : being around, being there, being wise // Heather Smith and Mark K. Smith
Pubbl/distr/stampa	London ; ; Philadelphia, : Jessica Kingsley Publishers, 2008
ISBN	1-281-78223-8 9786611782238 1-84642-793-2
Descrizione fisica	1 online resource (179 p.)
Altri autori (Persone)	SmithMark <1950 June 25->
Disciplina	158/.3
Soggetti	Counseling Helping behavior Counselors Caring Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	FRONT COVER; The Art of Helping Others: Being Around, Being There, BeingWise; Contents; Acknowledgements; Introduction; 1 Living Life Well; 2 Knowing and Being Ourselves; 3 Being Wise; 4 Relating to Others; 5 Working to MakeChange Possible; 6 Deepening Our Practice; 7 Getting fromHere to There; Bibliography; Subject Index; Author Index; BACK COVER;
Sommario/riassunto	When searching for someone to help them reflect upon and improve their lives, people tend to be drawn towards those who are compassionate, committed and wise. This book is aimed at those who recognise these qualities in themselves and wish to develop their capacity to engage with and help others. The authors argue for ways of approaching helping and counselling that are rooted in care and commitment, drawing upon the experiences and practice wisdom of youth workers, housing support and hostel wo