

1. Record Nr.	UNINA9910453004103321
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Titolo	The psychodynamic approach to therapeutic change [[electronic resource] /] / Rob Leiper and Michael Maltby
Pubbl/distr/stampa	London, : SAGE, 2004
ISBN	1-84860-484-X 1-280-51205-9 0-7619-4871-6 1-4462-3131-3 9786610512058
Descrizione fisica	1 online resource (187 p.)
Collana	SAGE therapeutic change series
Altri autori (Persone)	MaltbyMichael
Disciplina	616.89/14 616.8914
Soggetti	Psychodynamic psychotherapy Psychotherapy Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. [165]-169) and index.
Nota di contenuto	Cover; Contents; List of Boxes, Tables and Figures; Preface; Part I: Change and Psychodynamic Psychotherapy; Chapter 1 - The Dynamics of Change; Chapter 2 - Pshcyodynamics: A Changing Theory; Part II: Processes of Change: A Framework; Chapter 3 - Expression: Releasing the Mind; Chapter 4 - Understanding: Discovering Meaning; Chapter 5 - Relationship: Rediscovering the Other; Chapter 6 - Regression: Contacting the Unconscious; Chapter 7 - Differentiation: Working Through Limitation and Loss; Chapter 8 - Creation: Constructing New Forms of Experience; Part III: Contexts and Conclusions Chapter 9 - Widening the Context of ChangeChapter 10 - Constructing the Spiral of Change; Further Reading; References; Index
Sommario/riassunto	Rob Leiper explores the nature of psychodynamic perspective and describes the process through which clients can be helped to come to terms with painful experiences and develop new ways of relating.