

1. Record Nr.	UNINA9910452997403321
Autore	Fox Su <1949->
Titolo	Relating to clients [[electronic resource]] : the therapeutic relationship for complementary therapists // Su Fox
Pubbl/distr/stampa	London ; ; Philadelphia, : Jessica Kingsley Publishers, 2008
ISBN	1-281-73385-7 9786611733858 1-84642-718-5
Descrizione fisica	1 online resource (178 p.)
Disciplina	616.89/14
Soggetti	Psychotherapist and patient Psychotherapists - Psychology Alternative medicine specialists - Psychology Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	What is the professional therapeutic relationship? -- Practitioner self awareness -- Boundaries -- Communication skills -- Power in the therapeutic relationship -- Touch in the therapeutic relationship -- Sex and the erotic in the therapeutic relationship -- Psychotherapy and the therapeutic relationship -- Working with vulnerable clients.
Sommario/riassunto	The relationship between practitioner and client in professional therapeutic contexts is a crucial factor in the healing process. This practical guide draws on the vast body of information on that relationship from psychotherapy and presents it in a distilled and relevant format for the complementary therapist. It encourages practitioners to think about their own preferred styles of relating to clients and, using their own somatic awareness, to understand what may be going on in the relationship. Su Fox emphasises the importance of self care, boundary management, clear communication, clear con