

1. Record Nr.	UNINA9910452891503321
Titolo	A better life for children and adolescents through diet and exercise [[electronic resource]] : Nordic catalogue of initiatives and best practice for improved health and quality of life via diet and physical activity
Pubbl/distr/stampa	Kopenhamn, : Nordiska ministerradet, c2008
Descrizione fisica	1 online resource (91 p.)
Collana	TemaNord ; ; 2009:501
Altri autori (Persone)	HolmPuk Maia Ingemann
Soggetti	Child Exercise Adolescent Family Health Health Promotion Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Utabeidet av en referansegruppe og redigert av Puk Maia Ingemann Holm.
Nota di contenuto	""Contents""; ""Foreword""; ""Summary""; ""1. Introduction""; ""1.1 Purpose, structure and limitations""; ""2. Status of Nordic dietary habits and physical activity""; ""2.1 Dietary habits""; ""2.2 Physical activity""; ""2.3 Joint monitoring""; ""3. The Nordic Council of Ministers' goals and visions for better health and quality of life""; ""3.1 Dietary habits""; ""3.2 Physical activity""; ""4. The authorities' opportunities to influence the diet and physical activity of citizens""; ""4.1 Infants and toddlers (0a€?2 years)""; ""4.2 Pre-school children (3a€?6 years)""; ""4.3 School children (7-15 years)""; ""5. Projects under the auspices of the Nordic Council of Ministers""; ""6. Denmark's initiatives for the health of children and young people""; ""6.1 Legislation and state action plans""; ""6.2 State-initiated initiatives""; ""6.3 Best Practice""; ""7. Norway's initiatives for the health of children and young people""; ""7.1 Legislation and state action plans""; ""7.2 State-initiated initiatives for nutrition and physical activity (national level)""; ""7.3 Best Practice""; ""8. Sweden's initiatives for the health of children and

young people""

""8.1 Legislation and action plans""""8.2 State-initiated initiatives for nutrition (national level) ""; ""8.3 State-initiated initiatives for physical activity (national level) ""; ""8.4 Regional initiatives for physical activity ""; ""8.5 Regional initiatives for better dietary habits and physical activity ""; ""8.6 Best Practice""; ""9. Finlanda€?s initiatives for the health of children and young people""; ""9.1 Legislation and action plans""; ""9.2 State-implemented initiatives for a healthier lifestyle""; ""9.3 State-implemented monitoring projects""; ""9.4 Best Practice"" ""10. Icelanda€?s initiatives for the health of children and young people""""10.1 Legislation and action plans""; ""10.2 State-initiated projects and information material ""; ""10.3 Best Practice""; ""11. Health promotion through labelling and marketing of foodstuffs""; ""11.1 The goals of the Nordic Council of Ministers""; ""11.2 Joint Nordic initiatives ""; ""11.3 Danish initiatives on labelling and marketing""; ""11.4 Norwegian initiatives on labelling and marketing""; ""11.5 Swedish initiatives on labelling and marketing""; ""11.6 Finnish initiatives on labelling and marketing"" ""11.7 Icelandic initiatives on labelling and marketing""""12. Visions ""; ""Appendix""; ""Table overview of each countrya€?s initiatives listed by topic""
