

1. Record Nr.	UNINA9910452876503321
Autore	Randall Peter (Peter Edward)
Titolo	The psychology of feeling sorry : the weight of the soul / / Peter Randall
Pubbl/distr/stampa	Hove ; ; New York, N.Y. : , : Routledge, , 2013
ISBN	0-203-08089-0 1-136-17026-X 1-283-87144-0 1-136-17027-8
Descrizione fisica	1 online resource (305 p.)
Disciplina	152.4/4
Soggetti	Guilt Remorse Grief Repentance Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; The Psychology of Feeling Sorry; Copyright; Contents; Acknowledgements; Preface; 1. The stirrings of conscience; 2. Interpersonal relationships and betrayal; 3. Interpersonal relationships, religion and vengeance; 4. Shame, guilt and remorse; 5. Remorse and criminal offending; 6. Religion, spirituality and remorse; 7. Forgiveness; 8. Remorse, empathy, forgiveness and therapy; 9. The weight of the soul; Notes; References; Index
Sommario/riassunto	Can feeling genuinely sorry enable an important healing experience? Can relieving the weight of guilt restore a general sense of self-worth? Can an individual's dawning awareness give birth to feelings of remorse; perhaps even to acts of repentance?The concepts of betrayal, vengeance and forgiveness have long been a major part of religious doctrine throughout the world. However, only in recent times has the impact of these emotions become of interest to those involved in psychological study. In The Psychology of Feeling Sorry, Peter Randall links contemporary psychological res

