

1. Record Nr.	UNINA9910452874203321
Titolo	Physical activity in rehabilitation and recovery [[electronic resource] /] / Holly Blake, editor
Pubbl/distr/stampa	New York, : Nova Science, c2010
ISBN	1-61470-580-1
Descrizione fisica	1 online resource (384 p.)
Collana	Public health in the 21st century series
Altri autori (Persone)	BlakeHolly <1975->
Disciplina	615.8/2
Soggetti	Exercise therapy Medical rehabilitation Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Exercise in rehabilitation : towards a population-based promotion of physical activity / H. Blake -- Physical activity for health : adult recommendations, interventions, and evaluation / C. Hilton -- Physical activity and long-term conditions / H. Blake -- Exercise promotion and rehabilitation of neurological conditions / H. Dawes -- The role of exercise in the management of long term pain : a biopsychosocial approach / P. Banbury, C. Neil, and E. Johnson -- Physical activity in traumatic brain injury rehabilitation / H. Blake -- Evidence-based application of aerobic and resistance training in patients with congestive heart failure / P. Bartlo -- Exercise based cardiac rehabilitation / F. Wise -- Within you and without you : internal and external factors in the realisation of exercise principles / A. McKeown -- Representation and perceptions of injury in sport and exercise : "the common sense" model / M. Hagger -- The role of physical exercise in occupational rehabilitation / A. Griffiths, A. Knigh, H. Blake -- Psychological outcome measures to evaluate exercise interventions / S. Thomas, R. Nair.