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Altri autori (Persone)	MivilleMarie L
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Nota di contenuto	Multicultural Gender Roles: Applications for Mental Health and Education; Copyright; Contents; Preface; Our Goal; From the ""Bottom of the Ladder"" to the ""Top of the Mountain""; References; Chapter One: Gender Role Construction among Men and Women of Color; Gender and Gender Roles; Racial-Ethnic Contexts of Gender and Gender Roles; Women of Color; Men of Color; Constructivist Grounded Theory Method; Researchers' Worldviews; Concluding Remarks; References; Chapter Two: Gender Roles among African American Men; Negotiating Gender Roles; Responsibility and Leadership Evaluating Multiple Messages from Multiple SourcesNegotiating Stereotypes; Navigating Privilege and Oppression; Constructing Flexible Gender Roles and Styles; Negotiating Gender Roles Revisited; Applications for Mental Health Professionals and Educators; Leadership Development; Mitigating the Impact of Negative Stereotypes; Negotiating Positive and Flexible Gender Roles and Identities; Negotiating Relationships with Others; References; Chapter Three: Gender Roles among African American Women; Conflict and Evolution of Gender Roles

Gender Socialization: Influence of Past Experiences on Present Attitudes; Silent Strength; Binary Concepts of Masculinity and Femininity; Less than Ideal; "Bottom of the Barrel": Dilemma of Being Black and Female; Applications for Mental Health Professionals and Educators; Conflicting Definitions of Femininity and Female Gender Roles; Self-Silencing and Strength; Redefining Gender Roles; References; Chapter Four: Latino Male Gender Roles; Defining Male Gender Roles within a Latino Cultural/Family Context; Masculinity Influences; Physical Definitions and Characteristics of Latino Men
Traditional Gender Roles; Machismo and Caballerismo; Perceiving Stereotypes; Parental Influences; Social/Cultural Influences; Developing One's Own Definition of Being a Latino Man; Applications for Mental Health Professionals and Educators; Developing Positive Body Images; Constructing Positive Balanced Gender Roles; Developing Healthy Relationships with Others; References; Chapter Five: Latina Gender Roles; Latinas in Process of Transformation and Negotiation; Latina Socialization; Identity Constructs; Latinas in Process: From Internalized Ideals to My Own Views
Applications for Mental Health Professionals and Educators; Navigating Family Expectations and Responsibilities; Establishing Safe Spaces for Dialogue and Exploration; Facilitating Gender Role Transformations; References; Chapter Six: Gender Roles among Asian / Asian American Men; Culture, Socializing Influences, and Agency in Gender Role Constructions; Primary Role of Cultural Values; Images and Sources of Socialized Gender Roles; Tension and Agency in Gender Role Socialization; Applications for Mental Health Professionals and Educators; Multifaceted Gender Role Socialization
Many Sources of Gender Role Socialization

Sommario/riassunto

The only book to focus on the racial-ethnic context of gender roles through the lived experiences of a diverse participant pool, *Multicultural Gender Roles* looks at gender role development among men and women of color. It lays a foundation of the current research and theory in this area to describe the research study that informs the book. Chapters are included on the research findings and themes as they apply to African American, Latino/a, and Asian American women and men rich case examples and applications to mental health practice.
