1. Record Nr. UNINA9910452819603321 Autore Lowe Frank Titolo Thinking space: promoting thinking about race, culture and diversity in psychotherapy and beyond / / by Frank Lowe Pubbl/distr/stampa Boca Raton, FL: .: Routledge, an imprint of Taylor and Francis, . [2018] ©2013 0-367-32923-9 **ISBN** 0-429-90874-1 0-429-48397-X 1-78241-143-7 Edizione [First edition.] Descrizione fisica 1 online resource (289 p.) Tavistock Clinic series Collana Disciplina 150.19 150.195 Soggetti Cultural awareness Psychotherapy - Moral and ethical aspects Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto COVER; CONTENTS; SERIES EDITOR'S PREFACE; ACKNOWLEDGEMENTS; ABOUT THE EDITOR AND CONTRIBUTORS; FOREWORD; Introduction; CHAPTER ONE Thinking space: the model; CHAPTER TWO Race and our evasions of invitations to think: how identifications and idealizations may prevent us from thinking; CHAPTER THREE Between fear and blindness: the white therapist and the black patient; CHAPTER FOUR Is it coz I'm white?; CHAPTER FIVE Being "black" in the transference: working under the spectre of racism; CHAPTER SIX The complexity of cultural competence CHAPTER SEVEN "Class is in you": an exploration of some social class issues in psychotherapeutic workCHAPTER EIGHT Psychoanalysis and homosexuality: keeping the discussion moving; CHAPTER NINE Paradoxes and blind spots: an exploration of Irish identity in British organizations and society; CHAPTER TEN Dehumanization, guilt, and

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## Sommario/riassunto

Thinking Space was set up to develop the capacity of staff and trainees at the Tavistock Clinic to think about racism, and other forms of hatred toward difference in ourselves and others. Drawing on Bion's (1962) distinction between 'knowing' and 'knowing about', the latter of which can be a defence against knowing a subject in a deeper and emotionally real way, Thinking Space sought to promote curiosity, exploration and learning about difference, by paying as much attention as to how we learn (process) as to what we learn (content)