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practices; Chapter 3 Third Week; Medicinals that Clear Heat; I. Medicinals that Clear Heat and Drain Fire; Shi Gao gypsum fibrosum gypsum; Daily practices; Zhi Mu rhizoma anemarrhenae common anemarrhena rhizome; Zhi Zi fructus gardeniae gardenia; Daily practices; Huang Lian rhizoma coptidis coptis rhizome; Huang Qin radix scutellariae scutellaria root; Daily practices
 Huang Bai cortex phellodendri chinensis amur cork-tree barkDaily practices; Huang Bai cortex phellodendri chinensis amur cork-tree bark; Ku Shen radix sophorae flavescens light yellow sophora root; Daily practices; Long Dan Cao radix et rhizoma gentianae chinese gentian; Xia Ku Cao spica prunellae common self-heal fruit-spike; Xuan Shen radix scrophulariae figwort root; Daily practices; II. Medicinals that Clear Heat and Resolve Toxins; Jin Yin Hua flos lonicerae japonicae honeysuckle flower; [Addendum] Ren Dong Teng caulis lonicerae japonicae honeysuckle
 Lian Qiao fructus forsythiae weeping forsythia capsule

Sommario/riassunto

This book aims to provide readers with adequate knowledge for clinical application of Chinese medicine, which is in line with the fundamental principle of "correspondence of Chinese medicinals and patterns." It contains a brief introduction to relative theories, divides these medicinals by actions into categories such as exterior-releasing, heat-clearing, purgative, dampness-dispelling, fluid retention-disinhibiting, interior-warming, qi-regulating, blood-invigorating, blood-stanching, food accumulation-relieving, phlegm, cough- and wheezing-arresting, mind-tranquilizing, liver-calming, orifice
