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## Asthma

Conventional Medicine Structural Signs and Acupuncture Interventions in Asthma; Classical Theory and Asthma; Blood Stasis Patterns; Yang Deficiency Asthma; Wind Spasm as an Additional Mechanism in Asthma; Yin Fire Asthma; Binding Phlegm; Cold Phlegm; Hot Phlegm; Lung Qi Deficiency with Phlegm; Lung and Kidney Qi Deficiency with Phlegm; Cough and Phlegm; Chronic Bronchitis, Chronic Obstructive Pulmonary Disease, and Emphysema; Rules of treatment; Conclusion; References; Chapter Three: Earth - Colorectal Cancer; Introduction; Colorectal Cancer; Mechanisms of CRC; Some solutions; Chinese Medicine Spleen Patterns in Detail Spleen-Yin deficiency; Spleen Yin deficiency with heat in the bladder; Stomach Yang deficiency with heat in the chest; Stomach Yang deficiency with water stagnation; Spleen Yang deficiency with severe spleen Yin deficiency; Spleen deficiency and liver excess; Spleen deficiency with liver excess and blood stasis; Spleen deficiency with lung excess; Spleen deficiency with kidney Yang deficiency; Irritable bowel syndrome; inflammatory bowel disease, ulcerative colitis, crohn's disease; Type II diabetes; Conclusion; References; Chapter Four: Yin and Qi - Breast Cancer Introduction The Problem; Some Examples; Drive-Shame Binds; Interpersonal Need Shame Binds; Purpose Shame Binds; Results; Chinese Medicine; Depression; Emotional Constraint; Anxiety; Insomnia; Conclusions; External Influences; Known Links to Breast Cancer Causation; General; Known Links to Breast Cancer; Ionizing Radiation; Chemicals; Xenoestrogens; Polyvinyl chloride; Pesticides; Cosmetics and Personal Products; Solvents; Aromatic Amines; 1,3-Butadiene; Probable Links to Breast Cancer Causation; DDT/DDE and PCBs; PAHs; Dioxin; Ethylene Oxide; Possible Links to Breast Cancer; Heptachlor Triazine Herbicides

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### Sommario/riassunto

Cancers are on the rise across the world. Except for viral-based cancers, overall cancers are diseases that may be preventable. This book looks at the many levels of determined, probable, and possible causation for several common cancers. These causes include realities found in culture, anthropology, sociology, politics, the environment, agriculture and food, beliefs, and the modern lifestyle. These realities are filtered through the perennial science of Chinese medicine - an ecological system of knowing and understanding the human body as it relates to the world around us. The book covers lung

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