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Waning-Waxing of Yin and Yang in a Balance Inter-Transformation
Between Yin and Yang; Daily Exercises; The Application of Yin-Yang
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For Generalization of the Physiological Functions of the Body; For
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Pathogenic Factors; For Diagnosis of Diseases; For Treatment of
Diseases; Daily Exercises; Chapter 4 The Theory of Five Elements; The
Essentials of Five-Element Theory
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According to the Attributes of Five Elements by Analogy and Deduction;
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Over-Restriction and Counter-Restriction of the Five Elements; Daily
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the Physiological Function of the Five Zang-Organs; To Explain the
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Application of Five-Element Theory in TCM For Treatment of Diseases;
Daily Exercises; Chapter 5 The Theory of Visceral Manifestation; Daily
Exercises; Weekly Review; Daily Exercises; THE FOURTH WEEK; Section 1
The Five Zang-Organs; The Heart; The Main Physiological Functions of
the Heart; The Relationship of the Heart to the Emotions, Fluids, Body
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The Lung
The Main Physiological Functions of the Lung

Sommario/riassunto

Traditional Chinese medicine (TCM), with a history of thousands of years, is the crystallization of the ancient Chinese's experiences in their struggle against diseases. It is also an integral part of the Chinese's splendid culture. Under the influence and direction of classic Chinese philosophies, it has undergone long-term medical practice and infiltrated into, as well as absorbed from, other subjects in that point in time, thus gradually evolving into a unique medical theoretical system that contributed and is still contributing significantly to the healthcare of the Chinese and the prosper
