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Nota di contenuto	Contents; Acknowledgments; Introduction; Autobiographical Events and Significant Memories; Chapter One. The Emergence of Dialogical Self Theory; Chapter Two. How an Incidental Remark Can Change a Life: The Early Emergence of a Promoter Position; Chapter Three. Paradise Lost and the Imperfection of Being; Chapter Four. Revolutions in the Self and the Phenomenon of Dominance Reversal; Chapter Five. Uncertainty: A Burden or a Gift?; References; Index
Sommario/riassunto	In this book, Hubert J. M. Hermans, the creator of Dialogical Self Theory, applies this theory to his own life and explains how readers can do the same. Through a series of thought-provoking questions, he invites readers to explore the long-term meaning of significant events in their own lives.