Record Nr. UNINA9910452740303321 Autore Mattke Soeren **Titolo** A review of the U.S. workplace wellness market [[electronic resource] /] / Soeren Mattke, Christopher Schnyer, Kristin van Busum Santa Monica, Calif., : Rand Health, 2012 Pubbl/distr/stampa Descrizione fisica 1 online resource (48 p.) Collana Occasional paper Altri autori (Persone) SchnyerChristopher BusumKristin van Disciplina 658.38 Soggetti Employee health promotion Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia "July 2012." Note generali "Prepared for Office of Policy and Research, Employee Benefits Security Administration, Department of Labor. Office of Health Policy, Assistant Secretary for Planning and evaluation, Department of Health and Human Services." Nota di bibliografia Includes bibliographical references. Nota di contenuto Cover; Copyright; Title Page; TABLE OF CONTENTS; PREFACE; SUMMARY; BACKGROUND AND OBJECTIVES; THE CURRENT STATE OF WORKPLACE WELLNESS PROGRAMS; PROGRAM IMPACT; ROLE OF INCENTIVES: CONCLUSIONS: 1. INTRODUCTION: 1.1 CHRONIC DISEASE IS A PUBLIC HEALTH ISSUE; 1.2 GROWING INTEREST IN WELLNESS PROGRAMS AMONG EMPLOYERS; 1.3 THE PATIENT PROTECTION AND AFFORDABLE CARE ACT; 1.4 OVERVIEW OF THE REPORT; 2. THE CURRENT STATE OF WORKPLACE WELLNESS PROGRAMS; 2.1 DEFINITION; 2.2 COMPONENTS OF A WORKPLACE WELLNESS PROGRAM; 2.2.1 Core Program Components: 2.2.1.1 Data Collection: 2.2.1.2 Interventions 2.2.2 Related Programs and Benefits2.2.3 Program Modalities; 2.2.4 Program Administration; 2.3 THE STATE OF THE WELLNESS MARKET IN THE UNITED STATES; 2.3.1 Current Uptake; 2.3.1.1 Targeted Behaviors; 2.3.1.2 Prevalence by Type of Employer; 2.3.2 Trends in Uptake; 2.3.3 Prevalence of Use of Different Components; 2.3.3.1 Health Risk

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Sommario/riassunto

This paper describes the current state of workplace wellness programs in the United States, including typical program components; assesses current uptake among U.S. employers; reviews the evidence for program impact; and evaluates the current use and the impact of incentives to promote employee engagement.