

1. Record Nr.	UNINA9910452716103321
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Titolo	Primer on posttraumatic growth [[electronic resource] ] : an introduction and guide / / Mary Beth Werdel & Robert J. Wicks
Pubbl/distr/stampa	Hoboken, N.J., : John Wiley & Sons, Inc., c2012
ISBN	1-299-31472-4 1-118-22406-X
Descrizione fisica	1 online resource (257 p.)
Altri autori (Persone)	WicksRobert J
Disciplina	155.2/4
Soggetti	Emotions Distress (Psychology) Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	Acknowledgements -- Introduction -- Posttraumatic growth : concise history, definitions, and implications -- Posttraumatic growth : truth or myth -- Meaning -- Cognitive processing -- References -- Subject index -- Author index.
Sommario/riassunto	""From the inspiring chapter quotes, to relevant historical and current research, to practical clinical directions, Primer on Posttraumatic Growth takes a giant step toward both grounding us and moving us ahead with strong hope for adjustment and growth in the post-trauma/loss world. This is a comprehensive, practical, and readable work that should be at hand for any mental health clinician, pastoral care professional, or student preparing for these professions.""-J. Shep Jeffreys, EdD, FT, author of Helping Grieving People-When Tears Are Not Enough: A Handbook for Care Providers, Second