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Autore	Feltham Colin <1950->
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Nota di contenuto	Cover; Contents; Acknowledgements; Chapter 1 - Introduction: The Nature of Time; Chapter 2 - Attitudes to Time in Counselling and Psychotherapy; Chapter 3 - Kinds and Models of Short-Term and Time-Limited Counselling and Psychotherapy; Chapter 4 - The Appropriateness of Time-Limited Counselling for Different Clients; Chapter 5 - Key Ingredients, Skills and Strategies; Chapter 6 - Case Examples: Learning from Experience; Chapter 7 - Problems and Troubleshooting; Chapter 8 - Management of Time-Limited Counselling in Context; Chapter 9 - Training, Supervision, Evaluation and Research Issues AppendicesReferences; Index
Sommario/riassunto	Using illustrative examples, Colin Feltham outlines in this book the practical, technical skills, strategies and knowledge counsellors must have in order to undertake limited-time counselling.