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Sommario/riassunto	Invitation to Love provides a road map for the journey that begins when Centering Prayer is seriously undertaken. Pointing to some of the

recognizable landmarks on this journey, as well as to its ultimate destination, Father Keating addresses common questions regarding contemplative practice: How will it affect my life? Where does it lead us spiritually? What obstacles will I encounter along the way? How does it work? Following on from *Open Mind, Open Heart*, this book establishes a dialogue between the insights of contemporary psychology and the classic Christian spiritual masters, providing a

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