1. Record Nr. UNINA9910452553203321 Autore Geltner Paul **Titolo** Emotional communication: countertransference analysis and the use of feeling in psychoanalytic technique / / Paul Geltner Hove, East Sussex: New York, N.Y.: .: Routledge, . 2013 Pubbl/distr/stampa **ISBN** 0-203-08128-5 1-283-89437-8 1-136-17269-6 Descrizione fisica 1 online resource (353 p.) Disciplina 616.89/17 Countertransference (Psychology) Soggetti **Psychoanalysis** Psychotherapist and patient Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Includes bibliographical references and index. Nota di bibliografia Nota di contenuto Cover; Title; Copyright Page; Dedication; Contents; Preface; Acknowledgments: 1 Introduction: 2 The evolutionary and developmental origins of objective countertransference; 3 The concept of objective countertransference and its role in a two-person psychology: 4 Emotional communication and its relationship to the basic concepts of psychoanalysis; 5 Differentiating objective and subjective counter-transference; 6 Narcissistic countertransference; 7 Object countertransference; 8 Countertransference in projective identification states: 9 Anaclitic countertransference 10 Emotional communication in psychoanalytic technique11 Narcissistic emotional communications; 12 Techniques of object emotional communications; 13 Techniques of emotional communication with projective identification; 14 Anaclitic emotional communications; 15 Conclusion; Notes; Bibliography; Index "In Emotional communication, Paul Geltner places the pre-linguistic Sommario/riassunto type of communication that is shared with infants and animals at the

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of human interaction, and becoming a primary way that people involuntarily recreate painful childhood relationships in current life. Emotional communication integrates observations from a number of psychoanalytic schools in a cohesive but non-eclectic model. Geltner expands psychoanalytic technique beyond the traditional focus on interpretation and the contemporary focus on authenticity to include the use feelings that precisely address the client's repetitive patterns of misery. The author breaks down analytic interventions into their cognitive and emotional components, describing how each engages a different part of the client's mind and serves a different function. He explains the role of emotional communication in psychoanalytic technique both in classical interpretations and in non-interpretive interventions that use the analyst's feelings to amplify the therapeutic power of the psychoanalytic relationship. Offering a clear alternative to both classical and contemporary relational and intersubjective approaches to understanding and treating clients in psychoanalysis. Paul Geltner presents a theory of communication and maturation that will interest psychoanalysts, psychotherapists, and those concerned with the subtleties of human relatedness."

"What role does animal like and infantile communication play in life and in psychoanalysis? How are painful childhood experiences recreated with people who are nothing like the original family? What are the roles of loving and horrible feelings in psychoanalytic cure? In Emotional communication, Paul Geltner places the pre-linguistic type of communication that is shared with infants and animals at the core of the psychoanalytic relationship. He shows how emotional communication intertwines with language, permeating every moment of human interaction, and becoming a primary way that people involuntarily recreate painful childhood relationships in current life. Emotional communication integrates observations from a number of psychoanalytic schools in a cohesive but non-eclectic model. Geltner expands psychoanalytic technique beyond the traditional focus on interpretation and the contemporary focus on authenticity to include the use feelings that precisely address the client's repetitive patterns of misery. The author breaks down analytic interventions into their cognitive and emotional components, describing how each engages a different part of the client's mind and serves a different function. He explains the role of emotional communication in psychoanalytic technique both in classical interpretations and in non-interpretive interventions that use the analyst's feelings to amplify the therapeutic power of the psychoanalytic relationship. Offering a clear alternative to both Classical and contemporary Relational and Intersubjective approaches to understanding and treating clients in psychoanalysis, Paul Geltner presents a theory of communication and maturation that will interest psychoanalysts, psychotherapists, and those concerned with the subtleties of human relatedness."