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Titolo	Catch them before they fall : the psychoanalysis of breakdown // Christopher Bollas ; with Sacha Bollas
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Altri autori (Persone)	BollasSacha
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Broken selves -- Signs of breakdown -- Guidelines -- Emily -- Anna -- Mark -- Histories and the apres coup -- Time -- Emotional experience -- Reflection, explanation and working through -- Psychic change.
Sommario/riassunto	In this exploration of a radical approach to the psychoanalytical treatment of people on the verge of mental breakdown, Christopher Bollas offers a new and courageous clinical paradigm. He suggests that the unconscious purpose of breakdown is to present the self to the other for transformative understanding; to have its core distress met and understood directly. If caught in time, a breakdown can become a breakthrough. It is an event imbued with the most profound personal significance, but it requires deep understanding if its meaning is to be released to its transformative po