

1. Record Nr.	UNINA9910452521703321
Autore	Lorentzen Steinar
Titolo	Group analytic psychotherapy : working with affective, anxiety and personality disorder // Steinar Lorentzen
Pubbl/distr/stampa	Milton Park, Abingdon, Oxon : , : Routledge, , 2014
ISBN	0-415-83149-0 0-203-79688-8 1-135-13775-7
Descrizione fisica	1 online resource (116 p.)
Disciplina	616.89/152
Soggetti	Group psychoanalysis Group psychotherapy Affective disorders - Treatment Anxiety disorders - Treatment Personality disorders - Treatment Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	pt. I. Long-term group analytic psychotherapy -- pt. II. Short-term group analytic psychotherapy -- pt. III. Clinical research.
Sommario/riassunto	<P>Group analytic theory is internationally recognised as an effective treatment for people suffering from mental distress, struggles with personal development and interpersonal problems. Integrating psychoanalytic and social psychological thinking and providing a group setting for self-discovery and developing social skills, long- and short-term courses in this type of therapy are increasing in popularity. </P><P></P><P>This manual provides a detailed description of both long- and short-term versions of group analytic therapy, with rich and vivid clinical examples to illustrate theory and tech