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Altri autori (Persone)	WolfsonAmy R Montgomery-DownsHawley
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	part one. Sleep and development -- part two. Complexity of issues and factors influencing sleep -- part three. Assessment of sleep and sleep problems -- part four. Sleep challenges, problems, and disorders -- part five. Consequences of insufficient sleep -- part six. Sleep difficulties associated with development and behavioral risks -- part seven. Prevention and intervention.
Sommario/riassunto	This text provides a comprehensive and state-of-the-art review of current research and clinical developments in normal and disordered sleep from infancy through emerging adulthood. It comprises seven sections: sleep and development; factors influencing sleep; assessment of sleep and sleep problems; sleep challenges, problems, and disorders; consequences of insufficient sleep; sleep difficulties associated with developmental and behavioral risks; and prevention and intervention.