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Altri autori (Persone)	FernandezEphrem
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Nota di contenuto	Cover; Contents; Preface; About the Editor; Contributors; 1. Anger Dysfunction and Its Treatment; 2. Cognitive-Behavioral Therapy for Angry Drivers; 3. Emotion-Focused Therapy for Anger in Complex Trauma; 4. Regulating Anger in Combat-Related Posttraumatic Stress Disorder; 5. Anger Management Treatment and Substance Use Disorders; 6. Management of Anger in People With Intellectual Disabilities; 7. Anger Regulation for Psychotic Patients; 8. Dialectical Behavior Therapy for Maladaptive Anger in Borderline Personality Disorder; 9. Targeting Anger in Forensic Populations 10. Anger Management in Schools: The Coping Power Program for Children and Early Adolescents 11. Treatments for Anger Regulation and Reactive Aggression in Young Children; 12. Gender-Inclusive and Gender-Informed Treatment of Anger; 13. Culture-Sensitive Regulation of Anger; 14. Treatment of Anger in Different Populations: Common and Unique Factors; Author Index; A; B; C; D; E; F; G; H; I; J; K; L; M; N; O; P; Q; R; S; T; U; V; W; X; Y; Z; Subject Index; A; B; C; D; F; G; I; P; S; T; V

Sommario/riassunto

The last several years have seen a significant increase in research on anger and its clinical treatment. As a result, anger management has become the topic of many self-help books, but there is currently no book that brings together for practitioners and scholars the diversity of therapies used to treat anger in various populations. *Treatments for Anger in Specific Populations* provides information and instruction on empirically supported interventions for anger in various clinical contexts, including substance abuse, PTSD, the intellectually disabled, borderline personality disorder, children
