1. Record Nr. UNINA9910452466303321 Autore Ninivaggi Frank John **Titolo** Biomental child development [[electronic resource]]: perspectives on psychology and parenting / / Frank John Ninivaggi Lanham, MD,: Rowman & Littlefield Publishers, c2013 Pubbl/distr/stampa **ISBN** 1-4422-1906-8 1-299-19611-X Descrizione fisica 1 online resource (532 p.) Disciplina 155.4 Soggetti Developmental psychobiology Child development Mind and body Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Contents; List of Tables; Foreword; Introduction; Overview; 1. What Are Emotions?; 2. The Family as a Transactional System; 3. Developmental Child Psychology: 4. The Epistemophilic Impulse: 5. Parenting: 6. Evolutionary Psychology: 7. Biomental Child Development: A Concise Primer; 8. Object Relations: The Subject's Idiosyncratic Construal of Others: 9. Implicit and Explicit Learning and Memory Systems: 10. The Child as an Emotionally Developing Person; 11. Child Development and Parenting: Amazing Biomental Rhythms; 12. Final Note; 1 A Philosophy of Parenting 1. Three Fundamental Factors in Parenting1.1 Parenting; 1.2 Nurturance and Discipline: 1.2.1 Nurturance: 1.2.2 Discipline: 1.2.2.1 What Discipline Is Not; 1.2.2.2 What Discipline Is; 1.3 The Third Parenting Superfactor: "Living Example"; 2. The Two Interpersonal Realms that Structure Parenting; 2.1 Example, Imitation, and Identification; 2.2 Transactional Sensitivity; 2.3 Empathy: Design of Meaningfully Salient Connectedness; 3. Parenting Creates Meaningfulness; 3.1 Meaningfully Salient Parenting; 3.2 The

"Everydayness" of Being with Your Children

3.3 Meaningful Parenting as Containment: Starting-Stopping3.4

Children Need Parents as Guides to Navigate Transitions; 3.5 The Enduring Biomental Significance of Early Infant Motion Detection. Reaching, Grasping, and Letting Go: 3.6 Play as a Developmental Sequence; 4. The Developmental Perspective; 4.1 Infant and Child Development; 4.2 A Note on the Attention-Deficit/Hyperactivity (ADHD) Presentation; 4.3 How Parents Can Promote Healthy Development; 4.3.1 Empathetic Listening: How to Hear; 4.3.2 Speaking to Children; 4.3.3 Heads Up: Communicating the Expectable-Inform and Prepare 4.3.4 Respect4.3.5 Developmental Awareness: 4.3.6 Labeling Feelings: 4.3.7 Teaching Pause; 4.3.8 Making the Ordinary Special; 4.3.9 Helping: How to Respond; 4.3.10 Helping Children Learn How to Ask for Help; 4.3.11 Frugality and Temperance; 4.3.12 Praise, Positive Statements, and Encouragement; 4.3.13 Sincerity; 4.3.14 Keeping Promises; 4.3.15 "On the Spot" Responsiveness: Prompt and Timely Guidance; 4.3.16 Fun and Enjoyable Work: 4.3.17 The Dark Side of Human Nature: 5. Potential Environmental Toxicities; 5.1 A Note on Environmental Exposure to Screen Media 6. Intelligence and Cognitive Development6.1 Family Environment,

- 6. Intelligence and Cognitive Development6.1 Family Environment, Cognition, and Intellectual Development; 7. Emotional and Moral Growth; 7.1 Character; 8. The Journey Is the Destination; 9. Key Points; 9.1 Parenting; 9.2 Nurturance; 9.3 Discipline; 9.4 Living Example; 9.5 Transactional Sensitivity; 9.6 Developmental Perspective; 9.7 Parents as Guides to Transitions; 9.8 Keeping Promises; 9.9 Helping Relationships; 9.10 Positive Statements and Encouragement; 9.11 The Dark Side of Human Nature; 9.12 Character; 2 The Psychology of the Child; 1. The Child as a Whole Person
- 2. The Meaning of Ego, Self, Sense of Identity, "I," and Mind

## Sommario/riassunto

<span><span><span style=""font-style:italic;"">Biomental Child
Development</span><span>: </span><span style=""font-style:
italic;"">Perspectives on Psychology and Parenting</span><span>
provides the reader with a basic understanding of child, adolescent, and adult psychology, and applies it to the growth of the integrated body and mind of children, from infancy through childhood. It offers caregivers a roadmap and a philosophy for positive parenting.
</span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span></span>