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Nota di contenuto	Care of People with Diabetes: A Manual of Nursing Practice; Copyright; Contents; Foreword; Preface; Acknowledgements; List of Abbreviations and Symbols; 1 Diagnosing and Classifying Diabetes; Key points; What is diabetes mellitus?; Prevalence of diabetes; Classification of diabetes; Overview of normal glucose homeostasis; The metabolic syndrome; Key features of the metabolic syndrome; The metabolic syndrome in children and adolescents; Type 1 and Type 2 diabetes; Type 1 diabetes; Latent autoimmune diabetes (LADA); Type 2 diabetes; Type 2 diabetes in Indigenous children and adolescents Gestational diabetesMaturity onset diabetes of the young (MODY); Diagnosing diabetes; Oral glucose tolerance test (OGTT); Rationale for (OGIT); Preparing the patient for an (OGTT); Test protocol; Screening for diabetes; Preventing Type 2 diabetes; Preventing Type 1 diabetes; Managing diabetes mellitus; Key points; The diabetes team; Aims of management; Exercise/activity; Exercise for the person in hospital; Diabetes education; Complications of diabetes; Acute complications; Long-term complications; Aim and objectives of nursing care of people with diabetes Factors that complicate diabetes management during illnessAims and objectives of nursing care; Aims; Rationale; Objectives; Technology and diabetes management; A sobering final comment; References; Further

reading; 2 Holistic Assessment, Nursing Diagnosis, and Documentation; Key points; Rationale; Holistic nursing; Care models; Characteristics of an holistic nursing history; Nursing history; Example Health Assessment Chart; Instruments to measure health status; Documenting and charting patient care; Documenting in the health record; Care plans; Nursing notes
Documenting metabolic status (`diabetic charts')Nursing responsibilities; Documentation by people with diabetes; References; Further reading; 3 Monitoring Diabetes Mellitus; Key points; Rationale; Introduction; Monitoring 1: Blood glucose; Key points; The role of blood glucose monitoring in the care of diabetes; Factors that influence blood glucose levels; Guidelines for the frequency of blood glucose monitoring; Blood glucose meters; Continuous glucose monitoring systems; Continuous glucose monitoring system (CGMS); Interpreting different results; Reasons for inaccurate blood glucose results
Monitoring blood ketonesBlood glucose testing checklist; Monitoring 2: Urine glucose; Key points; Indications for urine glucose tests; Monitoring kidney function; Methods of screening for microalbuminuria; Several methods are available and include;;
Monitoring 3: Additional assessment; Nursing responsibilities; Blood glucose; Glycosylated or glycated haemoglobin (HbA1c); Fructosamines; Serum lipids; C-peptide; Islet cell antibodies; Creatinine clearance and urea; Self-care; The annual review; References; Further reading; 4 Nutrition, Obesity and Exercise; Key points; Rationale
The importance of good nutrition

Sommario/riassunto

Care of People with Diabetes is an essential guide to the care and management of people with diabetes mellitus, with particular emphasis on the acute care setting. Written by an experienced clinical nurse specialist with extensive knowledge of evidence-based diabetes care, this fully updated fourth edition serves as an essential companion to clinical practice for nurses and healthcare professionals. People with diabetes experience a high symptom and self-care burden associated with managing their condition, and require appropriate support, advice and regular monitoring. Si
