Record Nr. UNINA9910452333003321 Williams Simon J (Simon Johnson), <1961, > Autore Titolo Sleep and society: sociological ventures into the (un)known. // Simon J. Williams Pubbl/distr/stampa Milton Park, Oxfordshire [England];; New York, N.Y.:,: Routledge,, 2005 **ISBN** 0-203-00088-9 1-299-45854-8 1-134-25848-8 Descrizione fisica 1 online resource (209 p.) 306.4 Disciplina Soggetti Sleeping customs Sleep - Social aspects Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Changing theories and explanations of sleep: from ancient to modern times -- Sleep through the centuries: historical patterns and practices -- Sleep, embodiment and the lifeword (liebenswelt) -- The social patterning and social organization of sleep; inequalities, institutions and injustices -- Colonizing/capitalizing on sleep: medicalization and beyond -- Conclusions: remaining questions and the challenges ahead. Sommario/riassunto Exploring the sociological aspects of sleep and their links to current health debates, this unique text discusses why sleep has been so neglected in sociological literature and examines significant modern issues such as:the 24-hour society sleep and work homelessness dream analysis the medicalization and commodification of sleep. Written by a key international figure in medical sociology, this is the first sociological examination of sleep, making it important reading for

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