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Titolo	The outpatient treatment of eating disorders [[electronic resource]] : a guide for therapists, dietitians, and physicians / / James E. Mitchell, editor
Pubbl/distr/stampa	Minneapolis, : University of Minnesota Press, c2001
ISBN	0-8166-9236-X
Descrizione fisica	1 online resource (388 p.)
Altri autori (Persone)	MitchellJames E <1947-> (James Edward)
Disciplina	616.85/2606
Soggetti	Ambulatory medical care Cognitive therapy Eating disorders - Treatment Electronic books.
Lingua di pubblicazione	Inglese
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Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Anorexia nervosa / Melissa Pederson Mussell, James E. Mitchell, and Roslyn B. Binford -- Bulimia nervosa / Scott Crow and James E. Mitchell -- Binge eating disorder / Martina de Zwaan and James E. Mitchell -- Eating disorders not otherwise specified / Pamela K. Keel -- Basic counseling techniques / Pamela K. Keel -- Cognitive-behavioral therapy for eating disorders / Carol B. Peterson and James E. Mitchell -- Pharmacotherapy / Scott Crow and James E. Mitchell -- Treatment implications of comorbid personality disorders / David W. Abbott, Stephen A. Wonderlich, and James E. Mitchell -- Working with families / Susan Jack -- An overview of nutrition / Carol Brunzell and Mary Hendrickson-Nelson -- Nutrition counseling / Carol Brunzell and Mary Hendrickson-Nelson -- Exercise in the treatment of eating disorders / Leann Snow -- Medical evaluation and medical management / Claire Pomeroy.
Sommario/riassunto	This volume balances general and pathology-specific research to emphasize outpatient treatment. The contributors provide an overview of the full range of eating disorders and offer clinical recommendations for a comprehensive treatment plan for patients with these disorders.

