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Nota di contenuto	Front matter -- Contents -- Acknowledgments -- Abbreviations -- 1. On Being Diagnosed -- 2. How Serious Is Your Cancer? -- 3. Surgical Treatment -- 4. Radiation Treatment -- 5. Hormone Treatment -- 6. Cryotherapy -- 7. Alternative and Experimental Therapies -- 8. Treatment Decisions -- 9. Your Support System -- 10. Major Complications and Their Treatment -- 11. What Happens if the Cancer Spreads or Comes Back? -- 12. What Is Known About the Causes? -- 13. Factors That May Prevent Emergence or Recurrence -- 14. Science and Politics -- 15. Advice for Men Who Do Not Have Prostate Cancer -- Appendix A. The Anatomy and Function of the Prostate Gland -- Appendix B. Evaluation of Books About Prostate Cancer -- Appendix C. Useful Websites on Prostate Cancer -- Notes -- Index
Sommario/riassunto	When Dr. E. Fuller Torrey was diagnosed with prostate cancer, none of the books he could find was current enough or comprehensive enough to satisfy his need for information. This book is for the hundreds of thousands of other men who each year receive the same frightening diagnosis. It is the book Dr. Torrey wished he had when he was facing the countless questions that a man with prostate cancer, and his family

and friends, all confront. Complete, up-to-date, and readable, the book explains how to come to terms with the diagnosis of prostate cancer, evaluate the severity of the disease, and assess the variety of treatment options and their complications. Many chapters provide information other books barely consider, such as a full discussion of the causes of prostate cancer and an evaluation of other books on the subject. Also included is a summary of the most useful Web sites. The author mixes his personal experience with factual material, and he maintains a reassuring sense of humor. His advice is practical, with dozens of tips and lists including "Ten Steps to Sanity for Men Recently Diagnosed with Prostate Cancer." With Dr. Torrey's book in hand, readers can now tackle all the important decisions about prostate cancer, confident in having the most accurate and complete information available.
