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Altri autori (Persone)	FriedmanHoward S SilverRoxane Cohen
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Nota di contenuto	Part One: History and Methods: 1. The History and Background of Health Psychology / Howard S. Friedman and Nancy E. Adler -- 2. Measurement in Health Psychology Research / Timothy W. Smith -- 3. Designing and Implementing Interventions to Promote Health and Prevent Illness / J. Lee Westmaas, Virginia Gil-Rivas and Roxane. C. Silver -- Part Two: Core Concepts of the Biopsychosocial Approach to Health: 4. The Brain, Homeostasis, and Health: Balancing Demands of the Internal and External / Milieu John T. Cacioppo and Gary G. Berntson -- 5. Psychoneuroimmunology / Margaret E. Kemeny -- 6. Stress, Coping and Health Charles / S. Carver -- 7. Social Support / Shelley E. Taylor -- 8. Personality, Disease, and Self-healing / Howard S. Friedman -- Part Three: Applications to Health Promotion and Effective Treatment -- 9. Adjustment to Chronic Disease: Progress and Promise in Research / Annette L. Stanton & Tracey A. Revenson -- 10. Aging and Health / Karen Rook, Susan Turk Charles and Jutta Heckhausen -- 11. Expressive Writing, Emotional Upheavals, and Health / James W. Pennebaker & Cindy K. Chung -- 12. Reactions to the Death of a Loved One: Beyond the Myths of Coping with Loss / Camille Wortman & Kathrin Boerner -- 13. Physician-Patient

Communication / Judith A. Hall and Debra L. Roter -- 14. Uncertainty, Variability and Resource Allocation in the Health Care Decision Process / Robert M. Kaplan.

Sommario/riassunto

Examines health psychology from a theoretical, conceptual, and psychological perspective. After presenting an overview of the field's history and methods, this book addresses major concepts of the biopsychosocial approach to health and discusses applications to health promotion and effective treatment and prevention.
