

1. Record Nr.	UNINA9910452090203321
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Titolo	Preparing for weight loss surgery [[electronic resource]] : therapist guide // Robin F. Apple, James Lock, Rebecka Peebles
Pubbl/distr/stampa	Oxford ; ; New York, : Oxford University Press, 2006
ISBN	0-19-020808-2 0-19-024224-8 0-19-804223-X 1-280-84680-1 1-4294-2079-0
Descrizione fisica	1 online resource (122 p.)
Collana	Treatments that work
Altri autori (Persone)	LockJames PeeblesRebecka
Disciplina	617.4/3
Soggetti	Obesity - Surgery Weight loss Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 117-120).
Nota di contenuto	Introductory information for therapists -- Understanding your patient's eating behavior -- Helping your patient keep track of his or her eating -- Educating your patient about weighing behaviors -- Pleasurable alternative activities -- Challenging eating situations : people, places, and foods -- Teaching your patient about problem solving and cognitive restructuring -- Working with your patient on body image issues -- Congratulations! your patient is on the way to the O.R. -- What happens after surgery?
Sommario/riassunto	1. Introductory Information for Therapists 2. Understanding Your Patients Eating Behavior 3. Helping Your Patient Keep Track of Their Eating 4. Educating Your Patient about Weighing Behaviors 5. Pleasurable Alternative Activities 6. Challenging Eating Situations: People, Places and Foods 7. Teaching Your Patient about Problem Solving and Cognitive Restructuring 8. Working with Your Patient on Body Image Issues 9. Congratulations! Your Patient is on the way to the O.R. 10. What Happens After Surgery?

