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| 1. Record Nr.           | UNINA9910452051903321  |
| Autore                  | Maass Vera Sonja   |
| Titolo                  | Women's group therapy [[electronic resource] ] : creative challenges and options // Sonja Maass  |
| Pubbl/distr/stampa      | New York, : Springer, c2002  |
| ISBN                    | 1-280-74478-2<br>9786610744787<br>0-8261-7385-3  |
| Edizione                | [2nd ed.]  |
| Descrizione fisica      | 1 online resource (311 p.)   |
| Collana                 | Springer series, focus on women  |
| Disciplina              | 155.6/33   |
| Soggetti                | Women - Psychology<br>Group psychotherapy<br>Decision making - Psychological aspects<br>Electronic books.  |
| Lingua di pubblicazione | Inglese  |
| Formato                 | Materiale a stampa   |
| Livello bibliografico   | Monografia   |
| Note generali           | Description based upon print version of record.  |
| Nota di bibliografia    | Includes bibliographical references (p. 277-288) and indexes.  |
| Nota di contenuto       | Cover; TOC Contents; Preface; Acknowledgments; CH 1 Background; CH 2 Life as Usual; CH 3 Challenges: Searching for Meaning; CH 4 Sex-Role Identity and Motivational Forces; CH 5 Explorations and Discoveries; CH 6 Development of Personal Significance; CH 7 Options, Goals, and Decisions; CH 8 Recovering the Forgotten Self; CH 9 Understanding the Structure of Gender; CH 10 Designing and Constructing a Life; CH 11 Changed Attitudes Toward Self and Other Women; CH 12 Was It Worth the Price?; References; IDX Name Index; Subject Index |
| Sommario/riassunto      | Extremely interesting and enlightening. Each chapter's topics come alive and will be especially appealing to both professional and lay readers. Dr. Maass cites relevant research that informs the reader in a very understandable way.  |