Record Nr. UNINA9910451805803321 Autore Dowd E. Thomas **Titolo** Comparative Treatment Series - Substance Abuse [[electronic resource]]: A Practitioner's Guide to Comparative Treatments New York, : Springer Publishing Company, 2006 Pubbl/distr/stampa 1-280-82334-8 **ISBN** 9786610823345 0-8261-2112-8 Descrizione fisica 1 online resource (298 p.) Collana Springer series on comparative treatments for psychological disorders Comparative treatments of substance abuse Disciplina 616.86/06 616.8606 Soggetti Electronic books Psychodynamic psychotherapy Psychotherapy Substance abuse -- Treatment Substance abuse Substance abuse - Treatment Substance-Related Disorders Behavioral Disciplines and Activities Mental Disorders Diseases Psychiatry and Psychology Substance Abuse Disorders **Psychiatry** Health & Biological Sciences Electronic books.

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Sommario/riassunto

Addresses a clinical problem seen by most mental health professionals - the abuse of drugs and alcohol. This work also discusses the same case to illuminate the strengths and weaknesses of different therapeutic approaches to substance abuse. Treatment modalities include: psychodynamic, behavioral, cognitive, REBT, family therapy, and more.