

1. Record Nr.	UNINA9910451798303321
Autore	Wainrib Barbara Rubin
Titolo	Healing crisis and trauma with body, mind, and spirit [[electronic resource] /] / Barbara Rubin Wainrib
Pubbl/distr/stampa	New York, : Springer Pub., c2006
ISBN	1-280-74464-2 9786610744640 0-8261-3246-4
Descrizione fisica	1 online resource (184 p.)
Disciplina	616.85/21
Soggetti	Post-traumatic stress disorder - Treatment Psychic trauma - Treatment Crisis intervention (Mental health services) Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; TOC Contents; Preface; Acknowledgments; CH Chapter 1 Understanding Crisis Intervention and Trauma Response; CH Chapter 2 Understanding Trauma and Its Impact; CH Chapter 3 Mass Trauma: Past and Present; CH Chapter 4 Women and Trauma; CH Chapter 5 Life-Threatening Illness: Cancer and the Trauma From Within; CH Chapter 6 Resilience and the Phoenix Phenomenon; CH Chapter 7 Trauma and the Mind; CH Chapter 8 Trauma and the Body; CH Chapter 9 Spirituality and Trauma; CH Chapter 10 New Sources of Healing; CH Chapter 11 Forgiveness; CH Chapter 12 Final Thoughts; Index
Sommario/riassunto	We live in a changed world, a world where the enemy is no longer in uniform on the other side of a trench. There is no longer an identified "war zone" and the "enemy" may be the innocent looking person standing next to us. Clear boundaries and an assumption of safety no longer exist. Learning new skills to address the injuries incurred by sudden trauma and unpredictable lives is essential. This book is written for those persons in the "helping professions." It is also written for those who have a sufficient understanding of psychology and a sufficient awareness of our current world, and

