

1. Record Nr.	UNINA9910451796103321
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Titolo	Counseling adults in transition [[electronic resource]] : linking practice with theory
Pubbl/distr/stampa	New York, : Springer Pub. Co., c2006
ISBN	1-280-74467-7 9786610744671 0-8261-3785-7 0-286-13785-2
Edizione	[3rd ed. /]
Descrizione fisica	1 online resource (352 p.)
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Disciplina	158/.3
Soggetti	Counseling Adulthood Middle age - Psychological aspects Middle-aged persons - Counseling of Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Rev. ed. of: Counseling adults in transition / Nancy K. Schlossberg, Elinor B. Waters, Jane Goodman.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; TOC Contents; List of Figures and Tables; Preface; Acknowledgments; Part I What Do We Need to Know?; CH Chapter 1 Adult Development Theories; CH Chapter 2 The Transition Framework; CH Chapter 3 Factors That Influence Transitions; Part II What are We Likely to Hear?; CH Chapter 4 Individual Transitions; CH Chapter 5 Relationship Transitions; CH Chapter 6 Work Transitions; Part III What Can We Do With What We Know and Hear?; CH Chapter 7 Individual Counseling; CH Chapter 8 Group Counseling; CH Chapter 9 Consultation, Program Development, and Advocacy; CH Afterword CH Appendix Helping Clients Deal with Non-Event TransitionsReferences; Index
Sommario/riassunto	Effective adult counseling depends on a successful integration of empirical knowledge and theory with practice. Such a framework continues to be made explicit in this updated third edition of

Counseling Adults in Transition, a practical guide for students, teachers, counselors, and all other helping professionals. In the decade since the second edition of this book, the pace of change has accelerated, and the world has become more complex. This new edition expands upon areas which have gained increased attention in recent years:.. Cultural diversity Spirituality in the lives of today's adults A
