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Nota di contenuto	CONTENTS; Editor's Introduction; Acknowledgments; ONE: The Problem of Moral Weakness; TWO: Socrates; THREE: Aristotle; FOUR: Augustine; FIVE: Aquinas; SIX: Weak Akrasia; SEVEN: Strict Akrasia; EIGHT: Habit and Moral Weakness; NINE: Future Prospects; Notes; Bibliography; About the Author; Index
Sommario/riassunto	This book considers the common human predicament that we often choose an action other than the one we perceive to be best. Philosophers know this problem as akrasia . The author develops a nuanced understanding of the nature and causes of akrasia by integrating the best insights of Socrates, Aristotle, Augustine, and Aquinas, and several contemporary philosophers.