

1. Record Nr.	UNINA9910451732703321
Titolo	Therapeutic uses of rap and hip-hop // edited by Susan Hadley and George Yancy
Pubbl/distr/stampa	New York, N.Y. : , : Routledge, , 2012
ISBN	1-136-65233-7 0-203-80601-8
Descrizione fisica	1 online resource (429 p.)
Altri autori (Persone)	HadleySusan <1967-> (Susan Joan) YancyGeorge
Disciplina	615.8/5154 615.85154
Soggetti	Music therapy Rap (Music) - Psychological aspects Hip-hop - Psychological aspects Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Therapeutic uses of rap and hip-hop; Copyright; Contents; Acknowledgments; Contributors; Introduction: Give 'em Just One Mic: The Therapeutic Agency of Rap and Hip-Hop; Part 1: Historical and Theoretical Perspectives; 1. RA P (Requisite, Ally, Protector) and the Desperate Contemporary Adolescent; 2. Contextualizing Rap Music as a Means of Incorporating into Psychotherapy; 3. The Importance of Hip-Hop for Music Therapists; 4. The Hero's Journey in Hip-Hop and Its Applications in Music Therapy 5. I t's Bigger Than Hip-Hop: A Hip-Hop Feminist Approach to Music Therapy with Adolescent Females 6. Therapeutically and Socially Relevant Themes in Hip-Hop Music: A Comprehensive Analysis of a Selected Sample of Songs; Part 2: Rap and Hip -Hop With At-Risk Youth; 7. Beats, Rhymes, and Life: Rap Therapy in an Urban Setting; 8. Therapeutic Outreach through Bboying (Break Dancing) in Canada's Arctic and First Nations Communities: Social Work through Hip-Hop; 9. Hear Our Voices: A Music Therapy Songwriting Program and the Message of the Little Saints through the Medium of Rap

10. "Just So You Know, I Miss You So Bad": The Expression of Life and Loss in the Raps of Two Adolescents in Music Therapy
11. Naming My Story and Claiming My Self;
12. Yo, Can Ya Flow! Research Findings on Hip-Hop Aesthetics and Rap Therapy in an Urban Youth Shelter;
13. Rap Composition and Improvisation in a Short-Term Juvenile Detention Facility;
14. Song Communication Using Rap Music in a Group Setting with At-Risk Youth; Part 3: Rap With Clients in Specific Clinical Settings;
16. Beat It: The Effects of Rap Music on Adolescents in the Pediatric Medical Setting
17. "Must Be the Ganja": Using Rap Music in Music Therapy for Substance Use Disorders
18. "Morphine Mamma": Creating Original Songs Using Rap with Women with Cancer;
19. Rapping Round the System: A Young Black Man's Journey through a High-Security Hospital;
Index

Sommario/riassunto

In perceiving all rap and hip-hop music as violent, misogynistic, and sexually charged, are we denying the way in which it is attentive to the lived experiences, both positive and negative, of many therapy clients? This question is explored in great depth in this anthology, the first to examine the use of this musical genre in the therapeutic context. The contributors are all experienced therapists who examine the multiple ways that rap and hip-hop can be used in therapy by listening and discussing, performing, creating, or improvising. The text is divided into three sections that explor
