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Autore	Spencer Dale C. <1979->
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Sommario/riassunto	Mixed martial arts (MMA) is an emergent sport where competitors in a ring or cage utilize strikes (punches, kicks, elbows and knees) as well as submission techniques to defeat opponents. This book explores the carnal experience of fighting through a sensory ethnography of MMA, and how it transgresses the cultural scripts of masculinity in popular culture. Based on four years of participant observation in a local MMA club and in-depth interviews with amateur and professional MMA fighters, Spencer documents fighters' training regimes and the meanings they attach to participation in the sport. Dr

