Record Nr. UNINA9910451703003321 Autore **Gunderson Jeffrey** Titolo Fixin' fish [[electronic resource]]: a guide to handling, buying, preserving, and preparing fish / / Jeffrey Gunderson; illustrated by Leanne Alexander-Witzig Pubbl/distr/stampa Minneapolis, : University of Minnesota Press for the University of Minnesota Sea Grant Extension Program, c1984 **ISBN** 0-8166-5529-4 0-8166-1333-8 Edizione [2nd ed.] 1 online resource (65 p.) Descrizione fisica Disciplina 641.3/92 Soggetti Cooking (Fish) Fish as food Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliography: p. 55-56. Nota di contenuto Contents; Nutrition and Economics: Why eat Fish?; Maintaining Quality: Get the Best from your Catch; Freezing fish: Fishcicles; Filleting techniques: Cutting up in style; Scoring, flaking, grinding: A bone to pick; Fish jerky: Dry it, you'll like it; Salting fish: Salt it away; Canning fish: Put a lid on it; Pickling fish: Put your fish in a pickle; Making caviar: A touch of ""roe-mance""; Smoking techniques: Where there's smoke; Building a smoker: Engineering a smokehouse; Basic fish cookery: Fixin' fish; Parasites: Are the fish good enough to eat?; Bibliography Sommario/riassunto Fixin' Fish was first published in 1984. Minnesota Archive Editions uses digital technology to make long-unavailable books once again accessible, and are published unaltered from the original University of Minnesota Press editions. Whether you catch it yourself or buy it, fish can be a delicious, nutritious meal or an experience you'd rather forget. Because fish are delicate and perishable, preserving their fresh-caught flavor requires careful handling. Fixin' Fish provides anglers and fish

buyers with helpful techniques, not covered in most cookbooks, for

handling, cleaning, preserving, prepa