Record Nr. Autore Titolo Pubbl/distr/stampa	UNINA9910451695403321 Smith Frederick M The self possessed [[electronic resource]] : deity and spirit possession in South Asian literature and civilization / / Frederick M. Smith New York, : Columbia University Press, c2006
ISBN	1-283-00893-9 9786613008930 0-231-51065-9
Descrizione fisica	1 online resource (732 p.)
Disciplina Soggetti	133.4/260954 Spirit possession - South Asia Spirit possession in literature Sanskrit literature - History and criticism Tantrism - South Asia Spirit possession - Hinduism Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. [607]-664) and index.
Nota di contenuto	Front matter Contents List of illustrations Preface Acknowledgments Introduction Part I. Orthodoxies, Madness, and Method 1. Academic and Brahmanical Orthodoxies Part II. Ethnography, Modernity, and the Languages of Possession 2. New and Inherited Paradigms 3. Possession, Trance Channeling, and Modernity 4. Notes on Regional Languages and Models of Possession Part III. Classical Literature 5. The Vedas and Upaniads 6. Friendly Acquisitions, Hostile Takeovers 7. Enlightenment and the Classical Culture of Possession 8. Vampires, Prostitutes, and Poets 9. Devotion as Possession Part IV. Worldly and Otherworldly Ruptures 10. Possession in Tantra 11. Tantra and the Diaspora of Childhood Possession 12. The Medicalization of Possession in yurveda and Tantra 13. Conclusions Bibliography Index
Sommario/riassunto	The Self Possessed is a multifaceted, diachronic study reconsidering the very nature of religion in South Asia, the culmination of years of

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intensive research. Frederick M. Smith proposes that positive oracular or ecstatic possession is the most common form of spiritual expression in India, and that it has been linguistically distinguished from negative, disease-producing possession for thousands of years. In South Asia possession has always been broader and more diverse than in the West, where it has been almost entirely characterized as "demonic." At best, spirit possession has been regarded as a medically treatable psychological ailment and at worst, as a condition that requires exorcism or punishment. In South (and East) Asia, ecstatic or oracular possession has been widely practiced throughout history, occupying a position of respect in early and recent Hinduism and in certain forms of Buddhism. Smith analyzes Indic literature from all ages-the earliest Vedic texts; the Mahabharata; Buddhist, Jain, Yogic, Ayurvedic, and Tantric texts; Hindu devotional literature; Sanskrit drama and narrative literature; and more than a hundred ethnographies. He identifies several forms of possession, including festival, initiatory, oracular, and devotional, and demonstrates their multivocality within a wide range of sects and religious identities. Possession is common among both men and women and is practiced by members of all social and caste strata. Smith theorizes on notions of embodiment, disembodiment, selfhood, personal identity, and other key issues through the prism of possession, redefining the relationship between Sanskritic and vernacular culture and between elite and popular religion. Smith's study is also comparative, introducing considerable material from Tibet, classical China, modern America, and elsewhere. Brilliant and persuasive, The Self Possessed provides careful new translations of rare material and is the most comprehensive study in any language on this subject.