1. Record Nr. UNINA9910451591903321

Titolo Social class and the helping professions : a clinician's guide to

navigating the landscape of class in America / / Debbie C. Sturm.

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Pubbl/distr/stampa New York:,: Routledge,, 2012

ISBN 1-280-66064-3

9786613637574 0-203-81591-2 1-136-71842-7

Descrizione fisica 1 online resource (295 p.)

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Disciplina 305.50973

Soggetti Social classes - United States

Social service - United States

Electronic books.

Lingua di pubblicazione Inglese

Formato Materiale a stampa

Livello bibliografico Monografia

Note generali Description based upon print version of record.

Nota di bibliografia Includes bibliographical references and index.

Nota di contenuto Cover; Social Class and the Helping Professions; Copyright; Contents;

Preface; About the Editors; About the Contributors; I; 1. A Global and Historical Introduction to Social Class; 2. Understanding Social Class in the United States; 3. Poverty: Urban and Rural; 4. Middle-Class America; 5. Understanding Wealth and Privilege; II; 6. The Intersection of Class and Race; 7. Chasing the American Dream: Social Class and Career Counseling; 8. Social Class and Mental Health; 9. Social Class and the Family; 10. Social Class and the Schools: Beyond Ruby Payne; III 11. Exploring Classism and Internalized Classism12. The CARE Model for Working With People Living in Poverty; 13. The Role of Social Class in Assessment, Diagnosis, and Treatment Planning; 14. Advocacy Competency: The Helping Professional's Role in Addressing Issues of

Social Class; Epilogue; References; Index

Sommario/riassunto This book provides a comprehensive examination of the intersection of social class and the helping professions, including examinations of the

role of social class in American culture, classism, social class and

mental health, and the American Dream. It will be a valuable tool for practitioners in a variety of mental health professions, providing a clearer understanding of social class as it relates to themselves and their clients. The first section contains an introduction to the global, historical, and sociological aspects of class and an in-depth look at urban and rural poverty, the middl