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of Age and maturity<sup>12</sup>. Feedback-Informed treatment (flt): Improving the Outcome of Sex Therapy One Person at a time; 13. The good Enough Sex (GES) model: Perspective and Clinical Applications; 14. Goodbye Sex Therapy, hello undergoing my Own transformation; 15. Hearts' Desires; 16. Healing the Sexual repercussions of Sexual Abuse; 17. The honeymoon Is Over: narrative Sex Therapy for long-term lesbian Partners; 18. HIV Serodiscordant male Couples: Special Considerations for Sex Therapy  
19. Understanding gender nonconformity and transgender Identity: A Sex-Positive Approach<sup>20</sup>. Keys to the Sexual mysteries: An Integrative model for Exploring Clients' Stories; Index

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## Sommario/riassunto

"New Directions in Sex Therapy, Second Edition, focuses on cutting-edge, therapy paradigms as alternatives to conventional clinical strategies. With each passing year the treatment of sexual problems seems to emphasize more medical and pharmacological interventions. There is correspondingly less interest in the experiences of the individuals or couples involved. The present volume expands the definition of our field. Part I highlights the major problems and criticisms facing sex therapy and furnishes a rationale for new directions. Included in this new edition are critiques of "sexual addiction" nomenclature, the neglect of the ethical dimension in sex therapy and there is a call to expand our vision of what sex therapy can attain. Part II demonstrates new approaches to dealing with traditional sex therapy concerns, (e.g., lack of desire, erectile dysfunction) as well as innovative goals, such as integrating sexual medicine with sex therapy; using client feedback to customize therapy for the particular individual/couple's best interests; promoting relationship growth in working with transgender clients; and transcending sexual function to optimize erotic intimacy in long-term couples. This 2nd edition of New Directions in Sex Therapy: Innovations and Alternatives is replete with helpful new clinical illustrations which demonstrate these approaches in action. This book is intended for anyone who deals with sexual issues and concerns in therapy clinicians of every kind, novices and advanced practitioners rather than only those who define themselves as sex therapists"--

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