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Autore	Lezine DeQuincy A. <1977->
Titolo	Eight stories up [[electronic resource] ] : an adolescent chooses hope over suicide // DeQuincy A. Lezine, with David Brent
Pubbl/distr/stampa	Oxford ; ; New York, : Oxford University Press, 2008
ISBN	0-19-029606-2 1-281-34214-9 9786611342142 0-19-804365-1
Descrizione fisica	1 online resource (225 p.)
Collana	The Annenberg Foundation Trust at Sunnylands' adolescent mental health initiative
Altri autori (Persone)	BrentDavid A
Disciplina	618.92/858445
Soggetti	Teenagers - Suicidal behavior - Prevention Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 171-185) and index.
Nota di contenuto	Crisis -- The background story -- Inside the suicidal mind -- Getting help -- Recovery -- Finding the phoenix : where I am today.
Sommario/riassunto	Foreword. Preface. One: Crisis. Walking into Madness. A Colossal Wave of Despair. Death on the Mind. The Jump. Saying Goodbye. One of Many in a Desolate Club. Mourning the Thousands. Two: The Background Story. Intelligent and Spirited Child Meets Urban Black World. Turbulent Beginnings. The Hidden Background Story: Biology and Genetics. ""Escape"" From L.A. Three: Inside the Suicidal Mind. Darkening Thoughts. Painful Emotions. Warning Signs, Redux. Psychiatric Disorders Related to Suicide. Riding Out the Wave of Odds. Four: Getting Help. Psychotherapy. Peer Support. Medication 101. Paying for