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Nota di contenuto	1. Communication, health care and the perspective of type : introducing the theory -- 2. Introducing FLEX Care -- 3. Seeing type preference in action : how can I use this framework as I work in my setting? -- 4. Using a knowledge of psychological type when breaking bad news -- 5. Adherence : encouraging patients to follow clinical advice -- 6. Working together -- 7. Type : a tool for personal and professional development -- 8. Creating committed action -- 9. Next steps.
Sommario/riassunto	This work draws upon examples from everyday health care situations to demonstrate that the behaviour differences we all experience in others actually fit within a readily understandable framework (the Myers-briggs Type Indicator).